

Age Cat	Time	Name	Club	Numb	Age P	Overall
MV35	0:36:12	KELSO, Tim	Tyne Bridge Harriers	396	1	1
MV35	00:43:40	DAVIES, Tom	South Shields Harriers	434	2	22
MV35	00:48:59	ROUTLEDGE, Danny	Heaton Harriers	304	3	37
MV35	00:49:12	CLYNES, Chris	Crook & District	215	4	38
MV40	00:39:26	NEWBY, Nick	Birtley AC	211	1	5
MV40	00:40:41	ALLINSON, Tony	Sunderland Harriers	354	2	10
MV45	00:39:37	GREEN, Philip	Heaton Harriers	427	1	6
MV45	00:39:39	BRENNAN, Paul	Crook & District	325	2	7
MV45	00:39:53	STOKER, Darren	Sunderland Harriers	262	3	9
MV45	00:40:45	HOBSON, Mike	Sunderland Strollers	356	4	11
MV45	00:41:12	BELL, Stewy	Blackhill Bounders	353	5	12
MV45	00:42:18	HETHERINGTON, Lee	South Shields Harriers	433	6	14
MV45	00:42:23	BELL, Andrew	Sunderland Strollers	318	7	15
MV45	00:42:25	FRANCIS, David	Birtley AC	256	8	16
MV45	00:43:14	PHILLIPS, Dean	Sunderland Harriers	444	9	21
MV45	00:43:51	DRUMMOND, Lee	Birtley AC	256	10	23
MV45	00:45:29	GOODFELLOW, David	Blackhill Bounders	352	11	30
MV45	00:47:26	HENDERSON, George	South Shields Harriers	431	12	34
MV50	00:37:45	EMMET, Kevin	Jarrow & Hebburn	386	1	3
MV50	00:41:30	JONES, Michael	South Shields Harriers	403	2	13
MV50	00:42:28	BAILES, Brian	Birtley AC	273	3	17
MV50	00:42:42	MCNALLY, Michael	Jarrow & Hebburn	336	4	18
MV50	00:43:54	YOUNG, David	Tyne Bridge Harriers	456	5	24
MV50	00:46:16	GORDON, Stewart	Blackhill Bounders	464	6	32
MV50	00:46:47	PARRY, Huw	North Shields Poly	449	7	33
MV55	00:36:44	EVERETT, Steve	Durham City Harriers	378	1	2
MV55	00:38:28	JOHNSON, Lawrence	Low Fell RC	326	2	4
MV55	00:42:59	HEWITSON, Geoff	Crook & District	266	3	19
MV55	00:56:41	HEPPLEWHITE, Brian	South Shields Harriers	203	4	53
MV60	00:44:46	THIRLAWAY, Malcolm	Gateshead Harriers	284	1	28
MV60	00:51:59	MANIFOLD, Stephen	Crook & District	217	2	45
MV60	00:53:30	KIDGER, Kenneth	South Shields Harriers	423	3	49
MV65	00:48:06	MCENTEE, Colin	Heaton Harriers	287	1	36
MV65	00:52:56	MCCORMICK, Kenny	Claremont RR	411	2	48
MV70	01:04:47	MCDONALD, Ken	South Shields Harriers	260	1	58
MV80	01:13:11	CHECKLEY, Reginald	Heaton Harriers	391	1	59