

NEMAA Road Relays

M55-64 Relay Results

1	Morpeth - M55-64	36.43	
	Gavin Baine	12.24	(3)
	Neil McAnany	11.54	(1)
	Paul Bellingham	12.25	(1)
2	Heaton - M55-64	36.51	
	Ian Norman	11.16	(1)
	Sam Daley	13.27	(2)
	John James	12.08	(2)
3	Claremont - M55-64	37.46	
	David Lydall	12.49	(5)
	Tom Tinsley	12.14	(3)
	Mungai Wairia	12.43	(3)
4	Low Fell - M55-64	39.13	
	John Watson	12.35	(4)
	Mike Stacey	13.16	(5)
	John Stephens	13.22	(4)
5	N S Poly B - M55-64	39.43	
	Barry Young	13.21	(6)
	Stuart Lynn	13.29	(6)
	Stephen Heads	12.53	(5)
6	Wallsend - M55-64	40.56	
	Graham Armstrong	12.02	(2)
	Alan Heslington	13.41	(4)
	Kevin Payne	15.13	(6)